Safety from All Harms

Read the following du'ā morning and evening thrice

بسُمِ اللهِ الآنِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ، وَلَا فى السَّماع ، وَهُوَ السَّحِيْعُ الْعَلِيْحُ (أبو داود، الترمذي، ابن ماجة)

Translation: In the name of Allāh, with Whose Name nothing in the earth nor in the sky can do any harm. He is the All-Hearing, All-Knowing.

Virtue: Whoever reads this will be protected from sudden calamities and all harm.

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Upon Becoming Aware of Another's Affliction

Read upon seeing or coming to know of any person suffering from any affliction, be it an illness, hardship or even sin

ٱلْحَمْلُ لِلَّهِ الَّذِي عَافَانِي مِمَّا ابْتَلَاكَ بِهِ، وَفَضَّلَنِي عَلَى كَثِبْرِ مِنْ مَن خَلَقَ تَفْضِيلًا (الترمذي)

Translation: All praise is for Allāh, who has protected me from what He has afflicted you with, and has greatly favoured me over many of His creation.

Virtue: Whoever reads this has been promised protection from the same affliction for as long as he lives.

Imām Abū Jaʿfar Al-Bāqir 🏶 advised not to recite it aloud in the presence of the afflicted; rather, one should recite it silently. © At-Tazkiyah

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