

An Essential Du‘ā During Every Illness

During any illness (however minor it may be), one should make it a must to recite the following du‘ā as Rasūlullāh ﷺ said, ‘One who recites this du‘ā during an illness and thereafter passes away, will not be touched by the fire (of Jahannam).’ (At-Tirmidhī)

لَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا
شَرِيكَ لَهُ، لَا إِلَهَ إِلَّا اللَّهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ،
لَا إِلَهَ إِلَّا اللَّهُ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ (الترمذي)

Transliteration: Lā ilāha illallāhu wallāhu-akbar. Lā ilāha illallāhu waḥdahū lā sharīka lah. Lā ilāha illallāhu la hulmulku wa la hul-ḥamd. Lā ilāha illallāhu wa lā ḥawla wa lā quwwata illā billāh.

Translation: There is no deity but Allāh, and Allāh is the greatest. There is no deity but Allāh alone Who has no partner. There is no deity but Allāh; His is the Kingdom and for Him is All Praise. There is no deity but Allāh, and there is no power (to do good) and ability (to avoid bad) except with (the Help of) Allāh.

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