

A Protection from All Harm

Read morning and
evening once
(preferably 3 times)

Du'ā of Sayyidunā Anas رضي الله عنه

بِسْمِ اللَّهِ عَلَى نَفْسِي وَدِينِي، بِسْمِ اللَّهِ عَلَى مَا أَعْطَانِي رَبِّي عَزَّ
وَجَلَّ، بِسْمِ اللَّهِ عَلَى أَهْلِي وَمَالِي، اللَّهُ أَكْبَرُ، اللَّهُ رَبِّي، اللَّهُ أَكْبَرُ،
اللَّهُ رَبِّي، لَا أُشْرِكُ بِهِ شَيْئًا، أَجْرُنِي مِنْ كُلِّ شَيْطَانٍ رَّجِيمٍ، وَمِنْ
كُلِّ جَبَّارٍ عَنِيدٍ، إِنَّ وَلِيَّيَ اللَّهُ الَّذِي نَزَّلَ الْكِتَابَ، وَهُوَ يَتَوَلَّى
الصَّالِحِينَ، فَإِنْ تَوَلَّوْا فَقُلْ حَسْبِيَ اللَّهُ، لَا إِلَهَ إِلَّا هُوَ، عَلَيْهِ تَوَكَّلْتُ
وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ (الدعاء للطبراني)

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Translation: (I seek blessings) in the Name of Allāh upon myself and my Dīn. (I seek blessings) in the Name of Allāh upon all that which my Rabb (Who is Mighty and Majestic) has given me. (I seek blessings) in the Name of Allāh upon my family and wealth. Allāh is the greatest, Allāh is my Rabb. Allāh is the greatest, Allāh is my Rabb. I do not ascribe anything to Him. (O Allāh!) Save me from every accursed shayṭān and from every rebellious oppressor. Indeed, my Guardian is Allāh, Who revealed the Book (the Qur’ān), and He protects the pious. Thus, if they (the rejecters) turn away, then say, “Allāh is sufficient for me, there is no deity but Him. In Him Alone do I place my trust and He is the Rabb of the Magnificent Throne.”

Virtue: Ḥajjāj ibn Yūsuf, a tyrant ruler, once expressed his desire to harm Sayyidunā Anas ؓ. Sayyidunā Anas ؓ proclaimed, ‘You will not be able to do that (harm me). Indeed, Rasūlullāh ﷺ has taught me a du‘ā through which I can safeguard myself from every accursed shayṭān and from every rebellious oppressor.’

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