



# After Opening the Fast



Recite *Bismillāhi wabarakatillāh*, then open the fast with dates and water. Thereafter, recite:

1 اللَّهُمَّ لَكَ صُومْتُ، وَعَلَى رِزْقِكَ أَفْطَرْتُ

*O Allāh! For You I have fasted and with your provisions I have opened my fast. (Abū Dāwūd)*

2 ذَهَبَ الظَّمَأُ، وَابْتَلَّتِ العُرُوقُ، وَثَبَتَ الأَجْرُ إِنْ شَاءَ اللهُ

*The thirst has been quenched, the vessels have been moistened and if Allāh wills, the reward has been attained. (Abū Dāwūd)*

- ❁ One should utilise the time before ifṭār in du‘ā as Rasūlullāh ﷺ said, *There are three groups of people whose du‘ā is not rejected; the fasting person until he breaks the fast... (Aḥmad)*
- ❁ The simplest way to earn the reward of a fasting person is to offer dates at the time of ifṭār. Rasūlullāh ﷺ said, *Whoever gives a fasting person something to break his fast with, then for him will be reward equivalent to his (i.e. the fasting person’s reward), without it decreasing anything from the reward of the fasting person. (Tirmidhī)*
- ❁ Whilst opening the fast one should not become negligent from responding to the adhān as Rasūlullāh ﷺ said, *Whoever does this (i.e. responds to the adhān) with conviction will enter Jannah. (Muslim)*
- ❁ Thereafter, one should recite the masnūn du‘ā after the adhān as Rasūlullāh ﷺ said for the reciter, *My intercession has become incumbent for him. (Muslim, Al-Bayhaqī)*